

90001 Reliv Delight®

Purpose: Milk Substitute

Servings: 115

Directions: Add one scoop to 8 ounces of water for a single serving or add four scoops to every quart of water for larger amounts.



It has... (Features)	Which means... (Benefits)
Calcium...	...it supports the formation and repair of bones and teeth, and the functioning of the muscles, heart and nervous system.
Vitamin D...	...it helps the body absorb calcium, boosts the immune system and provides additional health benefits.
Other essential vitamins and minerals...	...it provides more of the recommended daily intake of several key nutrients than milk does.
3 grams of protein per serving...	...it helps increase muscle mass and function and promotes overall fitness.
Only 90 calories per serving...	... it is a great way to help maintain a healthy weight.